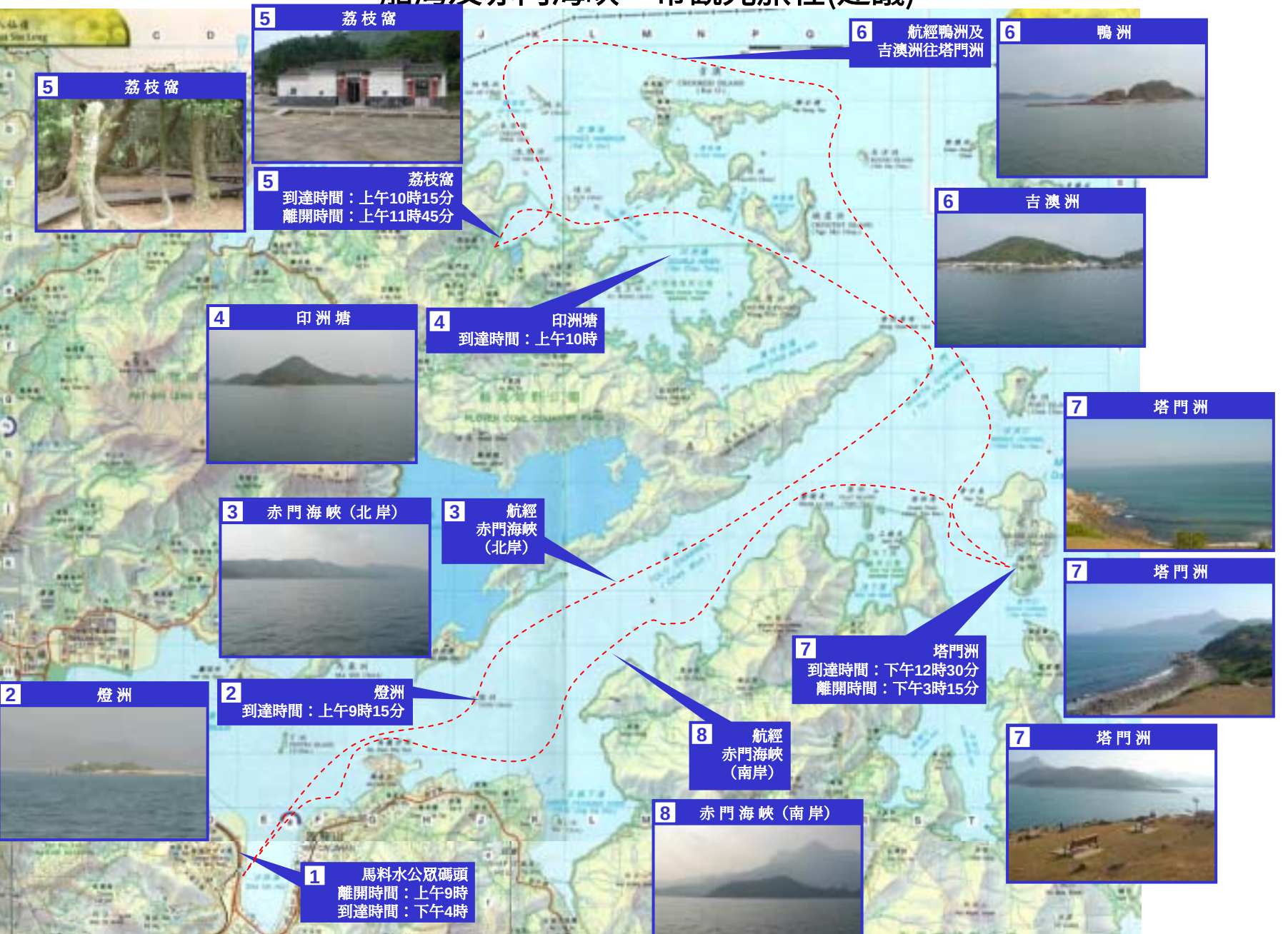船灣及赤門海峽一帶觀光旅程(建議)